

ESCAPE AT THE COAST – Health & Beauty rooms

This year more than any other we all need to escape, relax & unwind.

Escape at the coast is the place where you get to do just that.

Our highly trained team of therapists will take care of you from the moment you arrive. We offer a bespoke selection of treatments that include:

- holistic massage treatments
- body scrubs
- deluxe facials
- manicure & pedicures

(all our treatments are designed for both male & female)

We use premium products from leading brands including:

VOYA

Treatment MENU:

HANDS & FEET

File and polish fingers - 15 mins **€17**

Mini Manicure - 30 mins **€25**

(incl. file, cuticle tidy and polish)

Luxury Manicure -

File cuticle work hot oil massage heated mitts polish - 45 mins **€40**

Mini pedicure - file cuticle tidy & polish - 30 mins **€27**

Luxury pedicure - foot scrub foot mask hot oil massage

cuticle work file & polish - 55 mins **€47**

Shellac manicure - 45 mins **€30**

Shellac pedicure - 45 mins **€30**

EYE TREATMENTS:

Eyelash tint - 20 mins	€20
Eyebrow tint - 15 mins	€15
Eye lash & Eye brow tint - 30 mins	€30
Eye brow shape - 15 mins	€20
Eye brow threading - 15 mins	€20

PATCH TEST IS REQUIRED 24 HOURS PRIOR TO TINTING

WAXING TREATMENTS:

Half leg wax - 20 mins	€25
Full leg wax - 40 mins	€40
Underarm wax - 20 mins	€18
Bikini line wax - 20 mins	€18
Lip & chin wax - 15 mins	€18

PATCH TEST REQUIRED 24 HOURS PRIOR TO WAXING

SPRAY TANNING:

Full body spray tanning - 20 mins	€32
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MAKE UP: ARTDECO

Make up application - 30 mins	€35
Bridal make up - 45mins	€50

BODY TREATMENTS:

Swedish massage - 60 mins	€70
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A relaxing and therapeutic massage, concentrating on the muscles and tissues of the body to improve circulation and ease muscular stress and tension.

Swedish back neck & shoulder massage - 30 mins	€45
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Hot stone massage - 70 mins	€90
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A deeply relaxing treatment combining hot stone and massage techniques to ease to stress, aches, and pains while inducing deep relaxation.

Hot stone back, neck & shoulders - 40 mins	€60
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Hot oil back neck & shoulder massage - 30 mins	€55
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Deluxe back treatment - 60 mins	€70
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Invigorating exfoliation of the back with steam followed by hot oil massage & hot towel compresses

Signature Reflexology treatment - 60 mins **€70**

Bespoke Indian head massage - 30 mins **€50**

Designed and tailored specifically for our Escape clients

This unique treatment involves a crystal footbath to compliment your treatment.

Ocean Escape Body Wrap - 75 mins

This is the ultimate body treatment includes body brushing, body scrub & body wrap **€110**

FACIALS:

Skinician products-marketing information & images to follow

Revitalising facial - dry, sensitive skin - 60 mins **€75**

Purifying facial - Oily skin - 60 mins **€75**

Anti age facial - Mature skin - 60 mins **€85**

Mini teen facial - 40 mins **€50**

All of our skinician facials include a hot towel welcome ritual, cleansing, exfoliation with steaming, followed by deep relaxing facial massage to conclude deluxe mask treatment.

Escape Signature facial – all skin types 90 mins **€125**

This facial combines a deep relaxing back neck & shoulder massage followed by your skinician prescription facial & complimentary eye treatment this facial is designed by our team of therapists to provide deep relaxation & bring radiance & youthful vitality back to any skin

Bespoke pamper packages to include afternoon tea are available

CANCELLATION POLICY

Our cancellation policy is 24 hours otherwise the full treatment cost will be charged to the credit card provided at booking time.

Gift vouchers available