

**Starters – Mar Thús**

<b>Homemade Soup of the Day</b>	<b>€4.50</b>
Anraith Úr an Lae <b>(ag) (av)</b> with Homemade Brown Bread	
<b>Atlantic Seafood Chowder</b> ~ Seabhdar Bia Mara with Homemade Brown Bread	<b>€6.50</b>
<b>Breaded Chicken Goujons</b> ~ Sicín Goujons with Garlic Mayonnaise	<b>€7.50</b>
<b>Atlantic Fishcake</b> ~ Cáca Éisc with a Tomato and Chilli Jan	<b>€7.95</b>
<b>Cashel Blue Cheese and Pear Tartlet</b> <b>(av)</b> Tioirtin Piorra agus Cáis Ghorm an Chaiseal with a Balsamic Reduction and an Autumn Fruit Chutney	<b>€7.25</b>

**Sandwiches and Wraps**

Ceapairí agus Fillteoga

<b>Freshly made Sandwiches</b> ~ Ceapairí Úra <b>(ag)(av)</b> on Brown or White Bread Choose two of the following fillings: Ham, Cheese, Chicken, Salad or Tuna	<b>€4.95</b>
<b>Toasted Special</b> ~ Ceapaire Tóstáilte <b>(ag)(av)</b> with Ham, Cheese, Tomato and Onion	<b>€5.50</b>
<b>Club Sandwich</b> ~ Ceapaire Club <b>(ag)</b>	<b>€9.95</b>
<b>B.L.T</b> ~ B.L.T <b>(ag)</b>	<b>€8.95</b>
<b>Steak Sandwich</b> ~ Ceapaire Stéige <b>(ag)</b> with Sauted Mushrooms and Onions and Chips	<b>€14.75</b>
<b>Open Connemara Smoked Salmon</b> <b>(ag)</b> Bradán Deataithe Chonamara on Brown Bread with Capers and Red Onion	<b>€10.75</b>
<b>Chicken Caesar Salad Wrap</b> Fillteog Sailéad Sicín Caesar with a Caesar Dressing	<b>€7.50</b>
<b>Tuna and Cheese Wrap</b> Fillteog Tuinnín agus Cáis with Tuna, Cheddar Cheese and Sweetcorn	<b>€7.25</b>

**(ag) = available Gluten Free (av) = available as a Vegetarian Dish**

### Salads – Sailéad

- St Tola Goats Cheese Salad** €9.50  
Sailéad Cáis Gabhair (ag)(av)  
with a Grape and Sultana Compote and a Balsamic Dressing
- Smoked Chicken Caesar Salad (ag)** €9.75  
Sailéad Sicín Deathaithe Caesar  
with Croutons, parmesan Cheese and a Lime Dressing

### Main Courses – Príomchúrsaí

- Fish and Chips** ~ Iasc and Sceallogá €15.50  
in a Beer Batter with a Pea Puree and Tartar Sauce
- Catch of the Day** ~ Iasc and Lae (ag) €15.95  
with a Selection of Vegetables and Potatoes
- Fillet of Cod** ~ Filléad Troisc (ag) €15.95  
With Julienne of Vegetables, Chardonnay Cream Sauce
- Seafood Platter** ~ Trinsiúr de Bia Mara (ag) €18.50  
with Marie Rose Sauce and Brown Bread
- Breast of Chicken** ~ Brollach Sicín (ag) €13.75  
with Creamed Potatoes and a red Wine Jus  
served with Vegetables and Potatoes
- Red Thai Chicken Curry** €13.75  
Curaí Sicín Thai Dearg (ag)(av)  
with Savoury Rice
- 8oz Sirloin Steak** ~ Stéig Chaoldrama (ag) €21.50  
with Homemade Onion Rings and Chips and a choice of  
Garlic Butter or Pepper Sauce
- Homemade Beef Burger** €12.95  
Burgar Mairteola de Dhéantus Baile  
topped with Cheese and Bacon served with Chips
- Vegetable Stir Fry** ~ Glasraí Suaithfhriochta (ag)(av) €11.50  
in an Oriental Sauce with Egg Noodles
- Linguini** ~ Linguini (av) €14.50  
with Smokey Bacon, Sun blushed Tomatoes and Parmesan  
Cheese in a Cream Sauce

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### Side Orders ~ Taobh Mhír

Potatoes and Vegetables ~ Prátaí agus Glasraí	€3.50
Chips ~ Sceallóga <b>(ag)(av)</b>	€3.50
Side Salad ~ Sailéad	€3.75

### Desserts ~ Milseoga

<b>Homemade Apple Pie</b> ~ Píog Úll with a Vanilla Cream	€4.95
<b>Chocolate Fudge Cake</b> ~ Cáca Seacláid Faoiste	€4.95
<b>Baileys Cheesecake</b> ~ Ciste Cáise Baileys with Raspberry Coulis	€5.50
<b>Bakewell Tart</b> ~ Toirtin Bakewell with Crème Anglaise	€4.95
<b>Selection of Ice creams</b> ~ Rogha Uachtar Reoite <b>(ag)</b> with Butterscotch Sauce	€4.95
<b>Cheese Platter</b> ~ Trinsiúr Cáise <b>(ag)</b> Selection of Irish Cheese with a Fruit Chutney and Cheese Biscuits	€9.75
<b>Homemade Fruit Scone</b> ~ Scóna Rísíní with Preserves and Cream	€2.95
<b>Homemade Lemon Drizzle Cake</b> ~ Cáca Líomóide with a Fruit Compote and Fresh Cream	€2.50

### Hot Beverages ~ Deochanna Te

<b>Tea</b>	€2.00
<b>Herbal Tea</b>	€2.15
<b>Coffee</b>	€2.35
<b>Latte</b>	€2.55
<b>Cappuccino</b>	€2.50
<b>Espresso</b>	€2.35
<b>Hot Chocolate</b>	€2.75

### Liqueur Coffees

<b>Irish Coffee</b>	€6.25
<b>Baileys Coffee</b>	€6.75
<b>French Coffee</b>	€6.75
<b>Calypto Coffee</b>	€6.75

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